Recommendation for a Reduced Course Load
Due to a Medical Condition

NOTE: In order for an international student on the F-1 student visa to obtain permission to be enrolled for less than a full-time course load on the basis of a medical condition, the student must provide a letter of support from an authorized medical practitioner.

As indicated in federal F-1 visa regulations, the letter must:

1. Be provided on clinic or hospital letter head
2. Be signed by either a:
   a. licensed medical doctor
   b. doctor of osteopathy
   c. licensed clinical psychologist
3. Substantiate the illness or medical condition
4. Recommend that the student have a reduced course load during a particular academic semester or date range as a result of the medical condition
5. State the recommended course or credit load as either:
   a. Part-time (7-11 credits or approximately 3-4 classes)
   b. Half-time (6 credits or approximately 2 classes)
   c. Less than half-time (1-5 credits or approximately 1-2 classes)
   d. Zero/No credits

Any questions regarding this information may be directed to:

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